



SIGNATURE WYLDE BREAKFAST

FAB N' FRUITY OATS

mango, pomegranate, coconut shavings 1,7,8

OAT-LY SWEET GOODNESS

banana, cocoa nibs, peanut butter 1,5,7,8

BERRY GOOD OVERNIGHT OATS

almonds, blueberries, strawberries 1,7,8



NUTS FOR PUDDING

matcha and chia pudding, organic soya vanilla yogurt, strawberry and vanilla gluten free granola, blackberries, blueberries, walnut, banana 6,7,8 VG, GF

CHIA'S TO YOU!

matcha and chia pudding, organic soya vanilla yogurt, strawberry and vanilla gluten free granola, coconuts flakes, strawberries, raspberries, banana 6,7,8 VG, GF

YOGHURT PARFAIT

greek yogurt, raspberry jam, nutty granola, pineapple, blackberries, strawberry

FRUIT SALAD

HOMEMADE SCONE jam, clotted cream 1,7,12

CROISSANT 1w,3,6,7,8

PAIN AUX RAISINS 1w,3,7

VEGAN CHERRY DANISH 1w,1b,1r,8a

PEAR TARTLET 1w,3,7,8a

GF BROWNIE 3,7,8w

CHEESECAKE 1w,3,6,7

GF CARROT CAKE 3,7,8w

TEA AND COFFEE 1w,1o,3,5,6,7,8a,8c,8h,8p,8pst,8w

TEA, COFFEE & SCONES 1w,1o,3,5,6,7,8a,8c,8h,8p,8pst,8w

TEA, COFFEE & PASTRIES 1w,1o,3,5,6,7,8a,8c,8h,8p,8pst,8w

allergens: 1.gluten w(wheat),1o(oats),1b(barley).1r(rye) 2.crustacean 3.egg 4.fish 5.peanut
6.soybean 7.dairy 8.nuts 8a(almond) 8c(cashew) 8h(hazelnut) 8p(pine nuts) 8pst(pistachio)
8w(walnuts) 9.celery 10.mustard 11.sesame seeds 12.sulphur 13.lupin 14.molluscs GF
Gluten Free V Vegetarian VG Vegan



SIGNATURE WYLDE SALADS

ROMAINE CALM (IT'S A CAESAR SALAD)

crisp romaine lettuce, roasted chicken,
mad yolk farm eggs, kylemore cheese,
creamy caesar dressing, herb croutons
1w,3,4,7,10,12



WYLDE ABOUT SALMON

soya & ginger brown rice, marinated asian
leaf, baby spinach, pickled beansprouts,
carrot & sunflower seed, teriyaki poached
salmon, ginger & wasabi mayo, furikake
seasoning (seaweed & sesame) **4,6,9,11,12**



NAMASTE WYLDE

spiced quinoa & puy lentil, roasted sweet
potato, wylde salad greens, hummus,
pickled red cabbage, crispy chickpeas,
lemon tahini sauce, dhukka seasoning
8h,10,11,12,vg, GF



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SIGNATURE WYLDE SANDWICHES

HANG SANDWICH

WYLDE salad greens, dubliner cheddar,
dijonaisse, pickled onions,
honey roasted ham,
warm sourdough baguette **1w,3,7,10,14**



CHICKEN & NOTIONS

morrocan spiced chicken,
roasted peppers, WYLDE salad greens,
maple & chilli mayo,
warm sourdough baguette,
dhukka seasoning **1w,3,8c,8h,8w,10,11,12**



YE MAD YOKE

mad yolk farm eggs, WYLDE salad greens,
chive mayo, crisp leaves, mustard cress,
brown bread **1w,3,7,10 V**



NAMASTE VEGAN WRAP

brown rice, hummus, pickled cabbage,
roasted peppers, mixed leaves,
lemon & tahini dressing **1,7,11 VG,GF**



NUTS ABOUT WRAPS

marinated chicken, marinated asian leaves,
spring onion, spiced peanuts,
spiced rice & puy lentil, satay dressing,
tortilla wrap, brown rice **1w,6,7,8,10,11,12**



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SIGNATURE WYLDE PLATTERS

CHARCUTERIE GRAZING BOX

selection of cured meats, cheeses, mixed olives,
sundried tomatoes, basil pesto, roasted peppers,
hummus, red pesto **1w,7,8a,8c,8h,8p,8pst,**
8w,9,10,11,12



CANAPES

teriyaki glazed salmon, furikake seasoning, treacle
wholemeal bread **1,3,4,6,7,11**

Galway goats cheese tarlets **1w,3,7,13**

confit pork belly with ginger & sesame **6,8,10,11**

mini thai vegetable spring rolls **1,3,6,7,9**